oregon WHITEWATER association

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NEXT MEETING

Wednesday, April 14, 2010 at 7:00 PM

Round Table Pizza 10070 S.W. Barbur Blvd. 503.245.2211

RIVER TIP Submitted by Tom Hanson

Oar boxes underneath a flatbed trailer provide an easy way to transport oars without having to break them down. Trailer manufacturers can mount these for you. Personally, I have two oar boxes on my trailer.



Safety Kits: A Handy Checklist

S afety kits are a collection of items used for a variety of rescue situations. The items found in a safety kit are commonly used to pull boats that are wrapped or pinned, so they are sometimes referred to as wrap kits or pin kits. Advanced training is needed to get the best use out of these tools, all of which can be used for simple mechanical advantage systems, telfer-lower systems, Pig Rigs, or Z-rigs. The most important safety tool is the throw bag, which can be used to secure a swimmer or pull on wrapped or pinned boats.

The exact contents of my safety kit depend on the river I'm doing and the type of boats on the trip. Here's a full list of items I bring on multi-day trips with big, heavy gear boats.

CONTINUED ON PAGE 8

Oregon Whitewater Association is dedicated to preserving, protecting and promoting Oregon's rivers for the safe enjoyment of both public and private non-motorized boating, now and in the future. We advocate fairness in accessibility to river resources and provide a voice for responding to river issues and management concerns.



Contact Information

Your OWA officers and volunteers

Brenda Bunce, President Brenda.Bunce@gmail.com 360.931.4224

Bruce Ripley, Vice President vice-president@oregonwhitewater.org 503.647.0690

Paul Morin, Secretary P.Morin@comcast.net 503.348.6310

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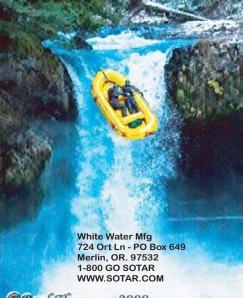
Rafts, Catarafts & Kayaks

Extended Summer Store and Showroom Hours

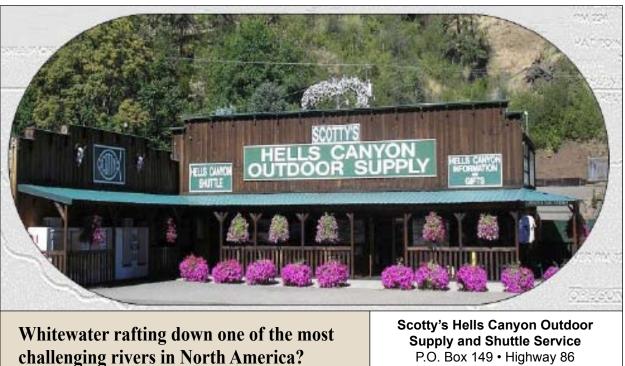
April 1 - Oct. 15th 8am - 6pm Monday - Saturday Come check out all of our new products we are carrying in the store this year:

- *Shred Ready Helmets *Paluski Paddles *Yeti Coolers *Pelican Boxes *Aquabound - Paddles -*Patagonia - Clothing *MTI - Life Jackets *Palm - Drysuits
- *Immersion Research *Jet Boil - Stoves *Eco Safe - Toilet Systems * PETT - Toilet systems *Restop - Toilet Syetems *Whitewater Designs Inc. *Teva - Shoes& Sandlals *Chaco - Sandals





CPaul Thomson 2009



Your journey begins and ends at Scotty's!

P.O. Box 149 • Highway 86 Oxbow, OR 97840

1-800-785-3358



OWA 2010 TRIP CALENDAR

Submitted by Josephine Denison

4.10					
Sat	Deschutes River	III/IV	Tom Hanson	TJHRafter@earthlink.net	503.201.4428
	AL TRIP INFORMATION				
on the Des Harpham F	chutes. We will shuttle the lat for a 11:00AM launch. B	vehicles Fring your	down to Sandy Bead lunch since we will	er boaters at this time, so join u ch starting at 10:00AM sharp. Th be stopping along the way to er Boxcar and Oak Springs providin	nis will put us back at njoy the bright sunny
4.17-4.18 Sat-Sun	North Umpqua River	II-III	Brenda Bunce	brenda.bunce@gmail.com	360.931.4224
	IAL TRIP INFORMATION				
Brenda Bur	nce and Walt Bammann. W	e will can	np at Whistler's Ben	he Roseberg chapter of NWRA. d camp and share a potluck dinr s Bend camp boat ramp on April	ner Saturday night.
5.1-5.2 Sat-Sun	Clackamas Raft Camp	III/IV	Dan Alsup	rivermandan2698 @yahoo.com	503.888.0569
5.7-5.9 Fri-Sun Addition	Grande Ronde River	II/III	Eric and Candace Ball	balle@pocketinet.com	509.525.6134
Rewards in		company	, and an opportunity	We cover a lot of ground, so be / for a burger and shake for lunc III.	
5.21-5.24 Fri-Mon	Rogue River	III/IV	Van McKay	vanm1@aol.com	360.737.3148
ADDITIONAL TRIP INFORMATION You are invited to join us for our annual (30 yrs.+) friends and family trip. We are experience rafters that float the wild and scenic section from Graves Creek to Foster Bar and stay in the lodges. The cost is \$435 per person and includes permit, food and lodging after put-in.					
	section from Graves Creek				
permit, foo 5.29-5.30	section from Graves Creek				erson and includes
permit, foo 5.29-5.30 Sat-Sun 6.5-6.6 Sat-Sun	section from Graves Creek ad and lodging after put-in. Lochsa River North Umpqua River	to Foste	r Bar and stay in the	lodges. The cost is \$435 per pe	erson and includes www.europa.com/ ~layport/lochsa/
permit, foo 5.29-5.30 Sat-Sun 6.5-6.6 Sat-Sun	section from Graves Creek od and lodging after put-in. Lochsa River	to Foste	r Bar and stay in the Steve Herring	stevenh@Tektronix.com	www.europa.com/ ~layport/lochsa/ index.html
permit, foo 5.29-5.30 Sat-Sun 6.5-6.6 Sat-Sun ADDITION Boulder Fla Bunce and	section from Graves Creek ad and lodging after put-in. Lochsa River North Umpqua River IAL TRIP INFORMATION at to Gravel Bin. This is a joi	IV/V II-III II-III	r Bar and stay in the Steve Herring Brenda Bunce ip with the Roseber	stevenh@Tektronix.com	www.europa.com/ ~layport/lochsa/ index.html 360.931.4224
permit, foo 5.29-5.30 Sat-Sun 6.5-6.6 Sat-Sun ADDITION Boulder Fla Bunce and Camping is June 17-20 Thu-Sun	Section from Graves Creek and lodging after put-in. Lochsa River North Umpqua River AL TRIP INFORMATION at to Gravel Bin. This is a joi Walt Bammann. This is a joi Walt Bammann. This is a dis also available on June 4. John Day River	IV/V II-III II-III	r Bar and stay in the Steve Herring Brenda Bunce ip with the Roseber	stevenh@Tektronix.com brenda.bunce@gmail.com	www.europa.com/ ~layport/lochsa/ index.html 360.931.4224
permit, foo 5.29-5.30 Sat-Sun 6.5-6.6 Sat-Sun ADDITION Boulder Fla Bunce and Camping is June 17-20 Thu-Sun ADDITION Trip will tak	section from Graves Creek and lodging after put-in. Lochsa River North Umpqua River AL TRIP INFORMATION at to Gravel Bin. This is a joi Walt Bammann. This is a d s also available on June 4. John Day River IAL TRIP INFORMATION	IV/V II-III Int club tr ay trip. C II	r Bar and stay in the Steve Herring Brenda Bunce ip with the Roseber Car/tent camping will Scott Ogren	stevenh@Tektronix.com brenda.bunce@gmail.com g chapter of NWRA. Trip leaders be at Horseshoe bend with Pot scott@scottogren.com on when Portland Public Schools	erson and includes www.europa.com/ ~layport/lochsa/ index.html 360.931.4224 will be Brenda luck Saturday night. 503.267.9785



OWA 2010 TRIP CALENDAR (CONTINUED)

ADDITIONAL TRIP INFORMATION

We have a cabin with plenty of camping available about 10 miles from the put-in. Meet there at 10 am Sat. to do shuttle, etc. We'll have a potluck dinner Saturday night. The run is from the gauging station raft put-in to Leidl Bridge, 19 miles. The first 10 miles are continuous Class III/III+, but should be considered IV because of the continuous nature and tree hazards. The Klickitat is a cold river deep in a canyon and wet suits are advised even on nice, sunny days. If enough interest, will do a float on Sunday as well.

		a de a neac en Sanday as				
The annual OWA Women's trip is back for 2010! Put in at Buck Hollow and run to Heritage Landing; 42 river miles. 7.3-7.5 Sat-Mon Lower Salmon River III/IV Eric and Candace Ball balle@pocketinet.com 509.525.6134 ADDITIONAL TRIP INFORMATION Run from Hammer Creek to Heller Bar in 3 days slower flow; 73 river miles. A perennial favorite. High flows flush us down the river in 3 days. A nice mix of fun rapids, nice beach camping, and a little history. This trip cancels if the flow rate is predicted to be above 20,000 cfs on Side Rapid day. 503.642.9347 7.23-7.24 McKenzie River II-III Rick Carman frederickcarman @corncast.net ADDITIONAL TRIP INFORMATION Join us for an OWA Board-sponsored weekend of rafting on the McKenzie River; (OWA will pay for the camping and much of the potluck main dishes) We're going to be camping at the Belknap Hot Springs Resort located at the McKenzie Bridge. We have group campster reservations, which is equipped with toilets and showers. Staying at 8 Belknap will give us full us of the hare as as well as hiking trails. This is an excellent family float. Our plan is to arrive Friday evening, and we will raft Saturday and/or Sunday. A group potluck will be planned for Saturday evening. 8.21-8.22 8.21-8.22 Yakima River II Vance Cordell pyloris58@yahoo.com 360.253.3013 8.21-8.22 Yakima River II Vance Cordell pyloris58@yahoo.com 503.642.933.013 8.21-8.22 Yakima River <	Fri-Sun			Carol Beatty	caroldon1@comcast.net	503.816.6172
7.3-7.5 Sat-Mon Lower Salmon River III/IV Eric and Candace Ball balle@pocketinet.com 509.525.6134 ADDITIONAL TRIP INFORMATION Run from Hammer Creek to Heller Bar in 3 days slower flow; 73 river miles. A perennial favorite. High flows flush us down the river in 3 days. A nice mix of fun rapids, nice beach camping, and a little history. This trip cancels if the flow rate is predicted to be above 20,000 cfs on Side Rapid day. 503.642.9347 7.23-7.24 McKenzie River II-III Rick Carman frederickcarman 503.642.9347 ADDITIONAL TRIP INFORMATION Doin us for an OWA Board-sponsored weekend of rafting on the McKenzie River. (OWA will pay for the camping and much of the potuck main dishes) We're going to be camping at the Belknap Hot Springs Resort located at the McKenzie Bridge. We have group campsite reservations, which is equipped with toilets and showers. Staying at Belknap will give us full use of the hot springs pool at the resort. The McKenzie River is a beautiful Cass III river. We have a choice of separate runs rated 2+ to 3 between Olalle Campground and Ben and Kay Dorn's State Park. There are hot springs located in the area as well as hiking trails. This is an excellent family float. Our plan is to arrive Friday evening, and we will raft Saturday and/or Sunday. A group potuck will be planned for Saturday evening. 8.21-8.22 8.21-8.22 Yakima River II Vance Cordell pyloris58@yahoo.com 360.253.3013 8.21-8.22 Yakima River II Vance Cordell pyloris58@yahoo.com 503.229.860	ADDITION	AL TRIP INFORMATION				
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	Sat-Mon	-	III/IV	Scott Ogren	scott@scottogren.com	503.267.9785
			<mark>t Galice L</mark>	odge on Friday, Nov	ember 12.	



A Boy, A Dog and 10 Boaters

Lower Deschutes, March 19-21, 2010 • Submitted by Carol Beatty

Very minimal river traffic, only one afternoon of wind and a small sprinkle of rain Sunday morning contributed to a perfect river trip on the Lower Deschutes March 19-21.

The boy was six-year-old Carson Ogren, son of trip leader Scott Ogren; Brenda Bunce brought her border collie, Lucy. The other boaters for the weekend were Dave Summers, Cary Solberg, Carol Beatty, Don Jacklin, Brian Albers, Jim Gizzi, Tom Hanson and Bruce Ripley. Everyone but Carson and Lucy had their own raft or cataraft.

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It was a the right weekend for a Spring river trip because we had the river to ourselves, sharing it with redwing blackbirds, a scattering of blue herons, a raccoon, an eagle and mountain sheep seen from a distance. Scott Ogren was trip leader and also the boater with the most gear. If Scott had included his kitchen sink, we all could have set up a small apartment under his large tarp.

Camp spots were Lower Beavertail campground and Lockitt.. The river level was approximately 5000 cfs, floating us quickly down the river. Sunday morning it took two-and-a-half hours to run the 14 miles to Heritage Park.

After packing up river gear, we ate lunch at Big Jim's on the east end of The Dalles, home of yummy cheeseburgers and delicious milkshakes.



TOP RIGHT: Carson Ogren on a hike

RIGHT: Group picture









TOP: Scenery Shot BELOW: Camp Scene LEFT: Cary Solberg making daiquiris





Safety Kits: A Handy Checklist

✓ 150-200 FEET OF SAFETY LINE

A safety line is the key ingredient of any safety kit. It should be strong, but its most important characteristic is that it has very little elongation when pulled on. In other words, most of the force applied to the rope should be transmitted to whatever is being pulled. A good safety line also holds tension for a long period of time, which is important for tefler-lower sytems.

Safety lines vary from 3/8-inch (10-mm) to 1/2-inch (12-mm) in diameter. You can choose between Nylon core static lines or Polypropylene core ropes. Polypropylene ropes (often found in throw bags) tend to stretch more, causing energy to be lost with each tug. The Nylon rope is typically twice as strong as the Polypropylene, but it doesn't float.

Another option for your safety line would be Spectra or Dyneema rope. These are both high-tech ropes that are incredibly strong and stiff. A 3/8-inch Dyneema line is typically stronger than a 1/2-inch nylon core line, which makes for a nice compact and strong line that takes up less space in your safety kit. The downsides of Dyneema or Spectra are that they are more expensive and these smaller diameter ropes are harder to grip (it's generally easier to grip thicker ropes). Also note, that If you use a smaller diameter rope, then you'll need smaller diameter prussics, which would be more likely to break.

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EIGHT LOCKING CARABINERS

A Z-rig can be set up with a minimum of four carabiners, but you often need more for various rescue situations. Only use locking carabiners for river rescue.

✓ TWO EACH OF 20-FOOT AND 30-FOOT SECTIONS OF TUBULAR WEBBING

Tubular webbing (AKA hoopie) is used for setting anchors on rocks, boats and trees.

Webbing can also be used to tie rescue harnesses to people. It's very strong and easy to work with. It takes at least 20 feet of webbing to create a self-equalizing anchor using two D-rings on a raft and at least 30 feet to use three D-rings. If you find yourself in need of 15 feet (or less), you can always cut your 20- or 30-foot sections into smaller lengths.

TWO TO FOUR PULLEYS

Pulleys are used to reduce the friction on ropes when the pulldirection is changed. Pulleys have many uses beyond Z-rigs. You can create a two-to-one mechanical advantage by simply putting a pulley on the object (typically a raft) you're trying to move.

They can also be used to change the direction you're pulling if there is a tree, cliff or rock hindering the direction you need to pull. If you need to set up a tefler-lower system to rescue someone in the river or to get a raft to an injured person, you'll want to have four pulleys.



FOUR PRUSSICS

Prussics are a loop or rope connected with a doublefisherman's knot. They can be connected to larger ropes by using a prussic knot, which allows flexibility to move the attachment point. The primary purpose of prussics is to attach pulleys and brakes to your static line when setting up a Z-rig. In theory, if the diameter of your prussic is half the diameter of your static line, it will likely slip from the static line before it breaks. This is a good thing because when a prussic breaks it's usually violent and can cause serious injury, so you would prefer it to slip rather than break. I like to use 11-mm static line and the strongest 6-mm prussic line I can find.

All of these items are useless without proper training. The tension on ropes increases greatly when setting up a Z-rig and can easily injure a rescuer. A rescue class will teach you safer methods for removing wrapped boats, and more importantly, systems for stabilizing and freeing a trapped swimmer. A two-day swiftwater rescue workshop should be the minimum training for Class IV boaters and the three-day Whitewater Rescue Technician (WRT) class should be the minimum for professional river guides.



Women's Rafting Trip on the Lower Deschutes

JUNE 18-29, 2010 • SUBMITTED BY CAROL BEATTY

The Women's Trip on the Lower Deschutes River is open to women of all all rafting abilities.

This is an opportunity for both beginning rowers to practice their boating skills in a supporting and relaxing atmosphere as well as an opportunity for more skilled boaters to share their skills with beginning rowers.

The Lower Deschutes is a forgiving river, providing manageable challenges for the novice rower and yet still providing interesting enough water for the experienced rower

It is a weekend to meet river women, learn new boating skills, learn ecological camping and cooking skills and to have fun.

There will be time to hike and explore the Lower Deschutes as well as to sit around camp sharing stories, skills, ideas and jokes.

The size is limited to 16. Once the trip is full, cooking teams and responsibilities will be established. The put-in is at Buck Hollow on Friday, the 18th at 10:00 and take-out is at Heritage Park on Sunday, the



20th about 2:00.

If you are new to boating, but don't have a boat, rent or borrow one and join us on the Deschutes. Contact Carol for ideas on how to get enough gear for a trip

Contact Carol Beatty at (503) 816-6172 or caroaldon1@ comcast.net

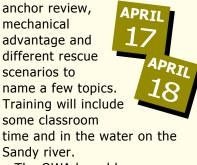
Two-Day Swiftwater Rescue Workshop

April 17-18, 2010 • Submitted by Brenda Bunce

When you are planning events for 2010, be sure to include this invaluable course taught by eNRG Kayaking instructor, Sam Drevo.

Sam has many certifications including Advanced Whitewater Instructor, Rescue III Advanced swift water rescue technician/ instructor and Red Cross Lifeguard instructor. Sam has boated all over the world and will also be our speaker for our January meeting.

The course includes rescue training, basic hydrology/ hazards, review of knots, throw rope practice, foot entrapment and swimming in rapids, REACH system, shallow water crossings,



The OWA board has agreed to sponsor this class with a \$ 50 per member discount. Space is limited to 12 people and the total cost of the class is \$ 250 (with a 10% discount if we have 10 or more people attend) minus the \$ 50 paid by OWA.

We think this class is so invaluable to anyone running rivers that the board has also agreed to pay an additional 15 % towards anyone who signs up by March 1st, 2010.

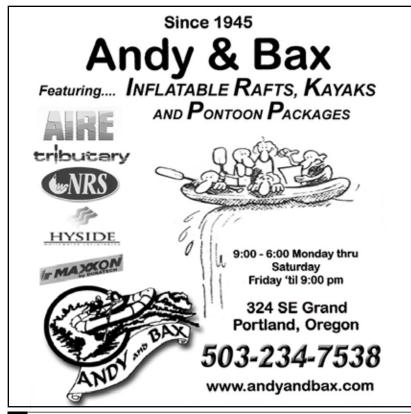
People who have attended this class before pay half price at \$ 125.00 to keep their skills honed. You will need to send in a \$50 deposit to secure your spot. The balance must be received 30 days in advance of the course.

You can call 503-772-1122 and pay with credit card. Or send checks to: Northwest River Guides LLC, 2504 SE Tibbetts Street Portland, OR 97202



Make sure you pay regular visits to: WWW.Oregonwhitewater.org







PRESIDENT'S CORNER BRENDA BUNCE

Hello fellow club members,

Happy Spring! Come join us at our next general club meeting at the Round Table Pizza.

Kavita Heyn from American Rivers will be speaking to us on April 14 about American Rivers' work to protect Oregon's wild rivers. The focus of the presentation will be on the campaign to Save the Wild Rogue.

The Wild and Scenic Rogue River is well-known around the world for rafting, fishing, and hiking opportunities. However, the wild lands that surround the river, and it's tributary streams, are threatened from logging, off-road vehicles, mining and climate change. American Rivers has been working with several local groups, business and outdoor rafting and fishing companies to protect the cold water streams of the river and the old-growth forests through Wild and Scenic and Wilderness legislation. Kavita will discuss the current status of this effort and the legislation in Congress, the removal of several dams along the Rogue, and what members of OWA can do to help protect one of Oregon's premier white-water rivers. Kavita will also talk about the lesser-known Molalla River and efforts to protect this river as Wild and Scenic. You can find out more about American Rivers' work at www.americanrivers.org

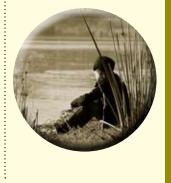
There are still openings to participate in the April 17-18 Swiftwater Rescue Class. You DON'T want to miss out on this opportunity. Please see details on page nine.

August 7 is our annual club picnic at Hagg Lake. Mark your calendars and come meet club members, network, share stories, eat good food and play in the lake. Our picnic area reservation is right on the lake and allows us easy access to flip boats and swim.

I want to give a big thank you to all our trip leaders! Thank you for stepping up and helping to make OWA a great club for enjoying the rivers together.

Happy and Safe boating, Brenda "We call upon the waters that rim the earth, horizon to horizon, that flow in our rivers and streams, that fall upon our gardens and fields, and we ask that they: Teach us, and show us the way."

~American Indian Chinook Blessing Litany, Earth Prayers from Around the World, 1991





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Oregon Whitewater Association

Membership Application Form

Address:

City, State Zip:_____

Check for a hard copy newsletter via US mail.

A household membership is \$24.00 for one year, from July 1 to June 30. Dues after January 1 are prorated at \$12.00, otherwise annual dues are \$24.00.

I hereby state that I wish to participate in courses and/or activities offered by Oregon Whitewater Association (OWA) a non-profit corporation. I recognize that any outdoor or aquatic activity may involve certain dangers including, but not limited to, the hazards of traveling by boat on rivers or other bodies of water, accidents, or illnesses in remote places or occurring during portages, forces of nature, and the actions of participants and other persons. I further understand and agree that without some program providing protection of its assets and its leaders, officers, and members, OWA would not be able to offer its courses and activities.

In consideration of and as part of my payment for the right to participate in the activities offered by OWA, I hereby release OWA and its leaders, officers, and members from any and all liability, claims and causes of action arising out of or in any way connected with my participation in any activities offered by OWA. I personally assume all risks in connection with these activities, and further agree to indemnify OWA and its leaders, officers, and members from all liability, claims, and courses of action which I may have arising from my participation in activities including, but not limited to those involving death, drowning, personal injury, and property damage. The terms of this agreement shall serve as a release and indemnity agreement for my heirs, assigns, personal representatives, and for all members of my family including any minors. [Parent or legal guardian must sign for all persons under eighteen (18) years of age.] This agreement is effective as of the date signed, and has no termination date. I have fully informed myself of the contents of this release and indemnity agreement it.

All participating adult members of the household (age 18+) must sign. Guardians must sign for minors.

Participant	Printed name	Signature
Member #1		
Member #2		
Member #3		
Member #4		

Participant	Email address	Preferred phone(s)
Member #1		
Member #2		
Member #3		
Member #4		

Make your check payable to the Oregon Whitewater Association and mail to: **Oregon Whitewater Association** P. O. Box 2137 Beaverton, Oregon 97075-2137