

Volume 19, Number 6 July/August 2018 www.oregonwhitewater.org

The Oregon Whitewater Association brings private boaters together for the enjoyment of whitewater boating. Our vision is to promote whitewater safety and training for all of our membership in an effort to provide safety awareness and confidence when executing river rescue skills. OWA is the community of choice where fun and river adventures thrive and where people and rivers connect.



In This Issue

Boating 101	1
OWA Contact Info	2
Newsletter Submissions	2
Clackamas Clean Up	2
President's Corner	3
Recipe of the Month	6
Knot of the Month	8
OWA Trip Calendar	10

OWA "Motor" Boating 101 aka "I can't drive 55...or 40..." Submitted by Mike Bay

The fearless leader Mr. Saucy got an opportunity to do a front half Grand Canyon trip and asked if I'd cover Boating 101 in his absence. Since I've been at most of them over the years I was happy to take it on. From the beginning, it was difficult to tell how many folks we were going to have because emails were getting passed to me from Matt.

Sam and I arrived at our group camp site at Fishermen's Bend Campground about 4:00 on Friday and to my surprise there were already quite a few folks there setup. Over the next few hours, more and more showed up. Over the next several hours I was encouraged by Michele and Zen to get in touch with my "inter-feminine"... Hmmm

Continued on page 4

IMPORTANT DATE CHANGE!

Flying Pie Pizza will be closed during our normal meeting date for renovations. Please note the date change below.

September Club Meeting

Flying Pie Pizza 7804 SE Stark Street Portland, OR 97215

Wednesday, **September 19, 2018** from 6:00-9:00 PM

Speaker: Mark Lewis

Contact Information



Your OWA Officers and Volunteers

Scott Ogren, President president@oregonwhitewater.org

Mark Lewis, Vice President - Events VicePresident-Events@oregonwhitewater.org

Nichole Marino, Vice President - Newsletter VicePresident-Newsletter@oregonwhitewater.org

Tom Lofton, Secretary secretary@oregonwhitewater.org

John Lemke, Treasurer treasurer@oregonwhitewater.org

Shakya Baldwin, Membership Director membership@oregonwhitewater.org

Ben Corrado, Technology Director techdirector@oregonwhitewater.org

Bill Warncke, Training Director safety@oregonwhitewater.org

Cheryl Ford, Trip Editor tripeditor@oregonwhitewater.org

Cary Solberg, Advertising Editor advertisingeditor@oregonwhitewater.org

Jennifer Ogren, Newsletter Editor newslettereditor@oregonwhitewater.org

OWA list server address: H20Addicts@OregonWhitewater.org

OWA web site address: http://www.OregonWhitewater.org

Do you have something you would like to submit to the OWA newsletter? The tale of your latest rafting adventure? The recipe of the best dish you've ever cooked on the river?

Contact Nichole Marino VicePresidentNewsletter@oregonwhitewater.org

To show our appreciate and to encourage future contributions, the Oregon Whitewater Association will have an annual drawing for a \$150 gift certificate to one of the OWA sponsors. Every member who submits written material that gets published in the newsletter will automatically be entered into the drawing.

SAVE THE DATE Down the River Clean Up on the Clackamas is **September 9th!**

We Love Clean Rivers, in partnership with the Clackamas River Basin Council, is hosting the 16th Annual Down the River Clean Up on the Clackamas River on Sunday, September 9th, 2018!

If you have ever fallen in love with this or any river, we invite you to join us for this spectacular day where 300+ river-lovers jump in their rafts, kayaks, and drift boats, uniting to scour the 20+ miles of river from Milo McIver Park to Clackamette Park where the Clackamas empties into the Willamette. The day will wrap up with a free BBQ for all volunteers!

We hope you'll plan on joining us on September 9th! Mark your calendars - registration opens in July. More information at welovecleanrivers.org.



President's Corner

The Amazing People of OWA by Scott Ogren

As I write this, I am all packed and ready to leave in the morning for a weeklong trip down the Lower Salmon. I trust that you all have been able to get out on a river or two this summer as well. This is one of my favorite river trips that I regularly do. The sand beaches are amazing and the water is always warm this time of year! It's a great trip for families and we always have a wonderful time running it.

I have been a club member of OWA for more than 10 years and in that time have met some amazing people and made some great friends. In those years, I have never been on a club trip and been on only two or three private trips where I didn't meet someone new. For me, one of the best things about this club is I am constantly meeting new and fun people to be on rivers with. When my non-river running friends ask me why I love rivers so much and what's the best part about our club I just tell them, "It's a life style and the people are amazing." They really don't know what I mean, but I'm quite sure you do. So, as you meet new people and take river trips this summer, make some new friends and enjoy the people you meet and celebrate your time together. To those river friends who I've already met and those I've yet to meet, I look forward to meeting you at a put-in and sharing a laugh with you at camp one day.

Looking ahead, the Wilderness First Aid class will be September 28 to 30. This year, the class will be at Fisherman's Bend Park on the N Santiam. Look for the sign up to go on the website in the coming weeks. You leave that class with WFA and CPR certifications upon completion. I have used the skills I learned in this training on more than one occasion. You just never know when something will happen and these are handy skills to have. We did a Zip Line and Bungee jumping day in the spring and we will have another in the fall. The date hasn't been set yet, but it will probably be in mid October. Look for the date and reserve your spot for a great adventure! Also, OWA has a very extensive wilderness first aid kit that is available to all club members to take on your private trips. Send an email to firstaid@ oregonwhitewater.org to check it out for your next trip!

OWA Board Turnover

Have you thought about being on the OWA Board? What? The elections don't happen until the fall, you say. Well, there is turnover on the Board every year and it's never too late to start thinking about serving your club by being on the Board of Directors. We are thinking ahead and looking for people who are interested in taking on a leadership role with the OWA. If you are wanting to take an active role in making decisions about how the club operates and be an active part of what we do, please send me an email and I can fill you in on more details about some of the upcoming roles and needs. If you don't want to be on the Board and still want to help with behind the scenes work, we have needs for that too!

OWA PICNIC

The next club event is the summer picnic. Join us at Willamette Park and share some of your summer river stories. The gear swap also happens at the picnic! Our next club meeting will be September 12 at Flying Pie Pizza. See you there!

Are you current on your dues? Pay online with PayPal!

www.oregonwhitewater.org/ dues.html

Boating 101









Continued from page 1

The next morning, after un-tetrissing the vehicles in the parking lot, we moved to Packsaddle Park where more and more and more showed up. Thank you to all that assisted in herding the cats, doing safety briefs, running lead and sweep and all that participated. In the end we launched 39 boats (cats, paddle rafts, oar rafts and IKs). We had to split into two groups just to get boats in the water. I'm not sure how many humans (had to have been close to 60) participants we had on Saturday but they were joined by at least three dogs and one, very small gosling.

It was a beautiful sunny day on the North Santiam flowing about 2500cfs. This is not the ideal flow but hey, it was warm and a great day on the water. We must have taken out about 3:00 and headed to our campsite... it was Cinco de Mayo after all. There was some eating and uh...well, let's just say we consumed and leave it at that. There was a ton of food at the potluck from nachos, ceviche and posole to enchiladas, tamales and paella and there was so much more... It seemed that the feed went on for hours and then wound down around a campfire with some unnamed individuals signing until the wee hours.

On Sunday, we had a much smaller group and things got started a bit later in the morning... probably had something to do with all the food we ate the night before... It was another great day on the river.

Boating 101









29342 Highway 34 Corvallis, OR 97333 541.757.7567

World Leader in Whitewater Products

· Custom aluminum frames to fit you

All American made quality

• 43 years of dependable delivery and integrity

 Conscious green manufacturing

 Large inventory now in stock



Recipe of the Month

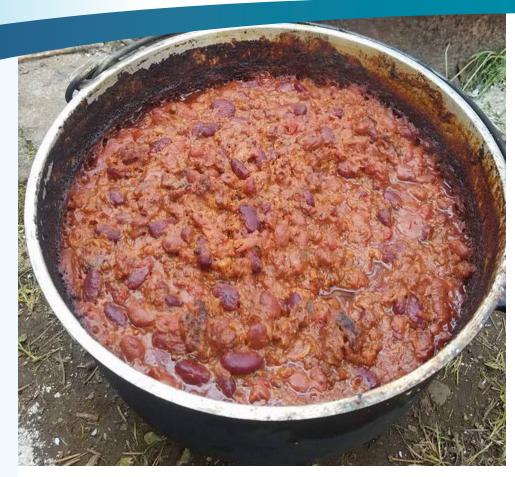


INGREDIENTS

- 1 large onion, diced
- 1 habanero pepper, minced
- 5 cloves peeled garlic, minced
- 1 Tbs olive oil
- 1 lb ground turkey
- 1 lb hot Italian sausage
- 1 chili seasoning pack
- 2 14 oz cans kidney beans
- 2 14 oz cans chili beans
- 18 oz can sliced mushrooms,

drained & rinsed

- 3 8 oz cans tomato sauce
- 1 6 oz can tomato paste
- 3 14 oz cans diced tomatoes
- 1 8 oz can diced green chilies
- 1/4 cup of whiskey
- 1 Tbs garlic salt
- 1 Tbs pepper
- 1 Tbs oregano



Camp Chili

Submitted by Chris Massey

DIRECTIONS

Saute onions, habanero & garlic for about 3 minutes. Set aside. Brown the turkey and the sausage. Combine all in a 12" dutch oven and bake at 375 for 1-3 hours.

Check occasionally and give it a stir. And when done in the oven at home, you can set the timer and forget about it, without stirring. I have personally put this in the oven at 9pm and woke up at midnight and taken it out. Serves 6 with ease.



Whitewater rafting down one of the most challenging rivers in North America?

Your journey begins and ends at Scotty's!

Scotty's Hells Canyon Outdoor **Supply and Shuttle Service**

P.O. Box 149 • Highway 86 • Oxbow, OR 97840 1-800-785-3358





Knot of the Month

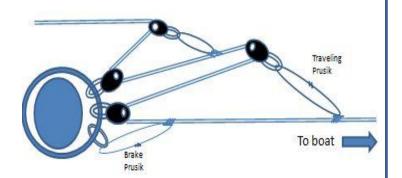


Double Z 9:1

- Double Z Drag
- It offers a 9:1 mechanical advantage

Minimal Requirements

- 1 10' of 1" tubular webbing
- 4 Pulleys
- **5 Locking Carabineers**
- 3 Prusik Loops
- Haul line



Knots Needed: Prusik, Double Fisherman's, Figure 8 on the boat

Steve K 2012





CUSTOM FABRICATED STAINLESS STEEL AND ALUMINUM RAFTING & RIVER EQUIPMENT

Designer - Fabricator - River Rat

madcatr.com

madcatr@aol.com

Phone: 509.588.4082 (Home) 509.947.1862 (Cell) PO Box 5013 Benton City, WA 99320



Rowing Frames

Dryboxes/Kitchen Boxes

Fold Down Oar Towers

Cargo Modules

Specialized Gear



Since 1980 Custom Inflatables 1-800-GO SOTAR - WWW.SOTAR.COM

Rafts, Catarafts & Kayaks

All SOTAR's are hand built in our Factory located in Southern Oregon.

SOTAR takes pride in handcrafting

State Of The Art Rafts one at a time.

Store & Showroom Hours

Open year-round 9 am-5 pm (Mon-Fri) Saturdays April 15th - September 15th 9:00 am to 12:00 pm



SOTAT

724 Ort Lane / PO Box 649 Merlin, OR 97532



Shuttling the Salmon River: Middle Fork, South Fork, Lower Gorge, and the Main. Also Hells Canyon and the Selway River.

208)507-1830 pat@centralidahorivershuttles.com www.centralidahorivershuttles.com





UPCOMING OWA TRIPS						
	TRIP	DATES	TRIP LEADER	CONTACT INFO		
	2018 Snake River, Class II-IV	Sept 15-17, 2018	Mike Moses	mtymo_@hotmail.com, 509-240-4220		
	2018 Tieton, Class III+	Sept 15-16, 2018	David Elliott	dce@dcell.com		
	2018 Fall Colors, North Santiam, Class II/III	October 6, 2018	Matt Saucy	sawdusty9@yahoo.com, 971-241-5396		
PAST OWA RAFTING TRIPS						
	2018 McKenzie River, Class II/	June 14-17, 2018	Brenda Bunce	brenda.bunce@gmail.com		
	2018 Grande Ronde, Class II/III	June 14-18, 2018	Dave Graf	dmgraf55@centurytel.net		
	2018 Upper N Umpqua NWRA/ OWA Trip, Class III/IV	June 1-3, 2018	Bill Goss	zanng@msn.com, 503-757-4659		
	2018 Rogue River Lodge Trip, Class III/IV	May 18-21, 2018	Van McKay	vanm1@aol.com, 360-737-3148		
	2018 Annual Upper Clackamas Whitewater Festival	May 18-20, 2018		www.upperclackamasfestival.org		
	2018 Grande Ronde River, Class II/III	May 11-13, 2018	Eric & Candace Ball	balle@pocketinet.com, 509-525-6134		

For additional details on upcoming trips or to view past OWA trips go to http://oregonwhitewater.org/calendar/trip-calendar





Top Quality River Gear Since 1979.



The River Specialists formerly known as Cascade Outfitters.

CascadeRiverGear.com | 800-223-7238 604 E. 45th St. Boise, ID 83714



Join the OWA!

Don't you wish you were here? The Oregon Whitewater Association brings together experienced rafters and new friends for adventures like this!





Carson Ogren on the Mackenzie, by Jennifer Ogren

OWA MEMBER DISCOUNTS

The following businesses provide generous discounts to our members! Go to http://oregonwhitewater.org/about/member-codes for terms and conditions and on how to redeem codes.





10% Discount



15% Discount on everything except boats



40% Discount on unlimited items per year



10% Discount In Store 15% Discount **Online**



50% Discount for up to 2 pairs



15% Discount on non-sale items Free shipping on orders over \$49